



IN-SUITE BREAKFAST MENU

GUEST NAME

SUITE

NUMBER OF GUESTS

To pre-order your breakfast, please select from the menu, indicate the desired quantity, and hang the completed form outside your suite door before retiring for the evening.

Please place a checkmark next to your preferred delivery time period.

DURING YOUR JOURNEY

- | | |
|-----------------------------------|-------------------------------------|
| ☐ 6:30 – 7:00 | ☐ 8:30 – 9:00 |
| ☐ 7:00 – 7:30 | ☐ 9:00 – 9:30 |
| ☐ 7:30 – 8:00 | ☐ 9:30 – 10:00 |
| ☐ 8:00 – 8:30 | ☐ 10:00 – 10:30 |

DAY OF DISEMBARKATION

- | | |
|-----------------------------------|-----------------------------------|
| ☐ 5:30 – 6:00 | ☐ 6:30 – 7:00 |
| ☐ 6:00 – 6:30 | ☐ 7:00 – 7:30 |

*Plant-Based (PB)
Gluten-Conscious (GC)
Omega-3 (O3)*

In case of any food allergy, allergens queries, or dietary requirements, please inform our Hosts before ordering.

HOT BEVERAGES

- ☐ Freshly brewed coffee
- ☐ Freshly brewed decaffeinated coffee
- ☐ Selection of tea by Palais des Thés
- ☐ Selection of herbal tea by Palais des Thés
- ☐ Weiss hot chocolate
- ☐ Hot water

WITH

- ☐ Lemon wedges
- ☐ Whole milk, warm
- ☐ Whole milk, cold
- ☐ Skimmed milk, warm
- ☐ Skimmed milk, cold
- ☐ Soy mylk^(PB)
- ☐ Oat mylk^(PB)

JUICES

- ☐ Orange
- ☐ Apple
- ☐ Pineapple
- ☐ Grapefruit
- ☐ Cranberry
- ☐ Tomato
- ☐ Homemade Rise & Shine
Orange, carrot, apple, beet, ginger, turmeric

SMOOTHIES

- ☐ Sun Salutation^(PB)
Cashew mylk, banana, dates, vanilla

FRUIT CORNER

- ☐ Seasonal fruit plate
- ☐ Grapefruit (half)
- ☐ Stewed prunes
- ☐ Fresh fruit salad
- ☐ Fresh fruit salad – *Sweet cashew cream^(PB)*
- ☐ Steam apple compote^(PB)
Granola, berries, almond mylk

CEREAL

- ☐ Corn flakes
- ☐ Bran flakes
- ☐ Special K
- ☐ Frosted flakes
- ☐ Rice Krispies
- ☐ Swiss Bircher muesli^{(PB)(GC)} – *Freshly made toasted oats, almond mylk, apples, bananas, raisins, pistachios, pecan nuts, maple syrup*

HOT CEREAL

- ☐ Oatmeal

MILK

- ☐ Whole milk
- ☐ Skimmed milk
- ☐ Soy mylk^(PB)
- ☐ Oat mylk^(PB)
- ☐ Homemade almond mylk^(PB)
- ☐ Homemade cashew mylk^(PB)

YOGHURT

- ☐ Plain yoghurt
- ☐ Premium selection of fruit yoghurts
- ☐ Premium selection of Greek yoghurts
- ☐ Low-fat yoghurt
- ☐ Homemade chia and cashew yoghurt^(PB)

FROM THE KITCHEN OF

—FilRouge—

CULINARY DELIGHTS

- ☐ Avocado toast^(PB) – *French farmer bread, avocado, sundried tomatoes, Espelette pepper*
- ☐ Smoked salmon^{*(GC)(O3)} – *Cream cheese, capers, red onions*
- ☐ Selection of European cheeses
- ☐ Premium York ham, sliced
- ☐ Prosciutto, sliced

PANCAKES AND SWEET SPECIALITIES

Served with maple syrup on the side

- ☐ Signature banana pancake^{(PB)(GC)}
Banana, oat mylk, oats, maple syrup, pecan nuts
- ☐ French toast
- ☐ Pancake
 - ☐ Plain ☐ Blueberry ☐ Buckwheat
 - ☐ Banana ☐ Pecan nuts

FRENCH BOULANGERIE

- ☐ Baguette de tradition
 - ☐ Toasted ☐ Not Toasted
- ☐ French farmer loaf
 - ☐ Toasted ☐ Not Toasted
- ☐ English muffin
 - ☐ Toasted ☐ Not Toasted
- ☐ Croissant
- ☐ Chocolatine
- ☐ Brioche
- ☐ Blueberry muffin

TOAST

- ☐ White toast
- ☐ Whole wheat toast
- ☐ Rye toast

PRESERVES

Selection of jams by "Francis Miot" M.O.F Confiturier, France

- ☐ Strawberry
- ☐ Orange
- ☐ Blackberry
- ☐ Apricot

SPREADS AND NUTS

- ☐ Butter
- ☐ Honey
- ☐ Cream cheese
- ☐ Hazelnut Weiss chocolate paste
- ☐ Maple syrup
- ☐ Brown sugar
- ☐ Pecan nuts
- ☐ Walnuts

EGGS*

(2 eggs per serving)

	Swiss rösti potatoes	Grilled tomato	Sautéed mushrooms	Bacon	Link pork sausages	Link chicken sausages
☐ Scrambled	☐	☐	☐	☐	☐	☐
☐ Sunny side up	☐	☐	☐	☐	☐	☐
☐ Over easy	☐	☐	☐	☐	☐	☐
☐ Soft boiled 3 min.	☐	☐	☐	☐	☐	☐
☐ Hard boiled	☐	☐	☐	☐	☐	☐
☐ Poached	☐	☐	☐	☐	☐	☐

OMELETTE*

☐ Plain	☐	☐	☐	☐	☐	☐
☐ Smoked salmon	☐	☐	☐	☐	☐	☐
☐ Swiss cheese	☐	☐	☐	☐	☐	☐
☐ Herbs	☐	☐	☐	☐	☐	☐
☐ Ham	☐	☐	☐	☐	☐	☐
☐ Ham & cheese	☐	☐	☐	☐	☐	☐
☐ Fines herbs	☐	☐	☐	☐	☐	☐

TOFU

☐ Scrambled tofu ^{(PB)(GC)} <i>Tomatoes, red onions, turmeric</i>	☐	☐	☐	☐	☐	☐
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**Public Health advisory: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs, may increase your risk for foodborne illness, especially if you have certain medical conditions.*